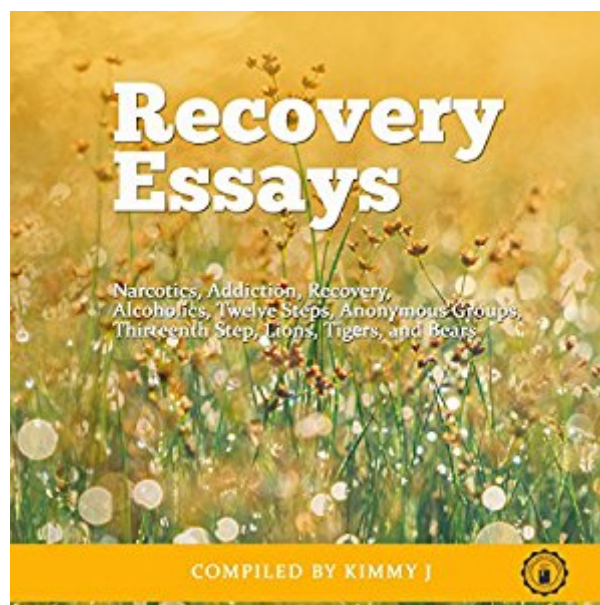




The book was found

Recovery Essays: Narcotics, Addiction, Recovery, Alcoholics, Twelve Steps, Anonymous Groups, Thirteenth Step, Lions, Tigers, And Bears



Synopsis

These essays are ultimately designed for long term members of 12 step fellowships to help them be better sponsors and to help them be of service to others without allowing it to become their whole identity. In recovery, we get a chance to help others, but, in attempting to do so, we end up making mistakes, and coming face to face with our own characters defects. Service to other is a chance for us to exercise our own personal demons. Here are some essays, written by Twelve Step members, as they struggle to learn how to lead other by example. If you are new to recovery or questioning staying clean, then this book probably isn't for you. There is a whole myriad of books focused on early recovery. Here are the titles of the four essays: Spirituality vs. Religion Selfish Service and Evangelism Newcomer Obsession The Thirteenth Step Sharing Like Shakespeare Expanded and Explained

Book Information

Audible Audio Edition

Listening Length: 1 hour 21 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: Cynical Saints Publishing

Audible.com Release Date: May 26, 2016

Language: English

ASIN: B01G62RK44

Best Sellers Rank: #20 in Books > Crafts, Hobbies & Home > Crafts & Hobbies > Flower Arranging & Crafts > Potpourri #42 in Books > Audible Audiobooks > Nonfiction > Lifestyle & Home > Crafts & Hobbies #445 in Books > Health, Fitness & Dieting > Addiction & Recovery > Twelve-Step Programs

Customer Reviews

A very thoughtful and critical compilation of thoughts on some contentious issues. Whether or not you agree with all of the thoughts put down in these essays I believe that any recovering addict would benefit from reading them. The topic of the 13th step especially resonated with me. Being engaged to someone that was also in the rooms who had significantly less clean time than me was one of my biggest lessons in life. I dealt with people coming at me with lots of opinions on what the hard rules of right and wrong were. Based on my experience my beliefs fall in line with what is written in these pages. I just don't believe I could have expressed them so eloquently. A quick and

insightful read. I look forward to more.

I wish I would have read this before becoming a member of a 12 Step Fellowship, but we don't actually plan it out like that. I loved how the book was written by an experienced member who does not "conform to the norm" regarding unwritten "rules" of the fellowships and highly encourages individual thought, personal growth and focuses more on the evolvement of the fellowships rather than "the way it always has been/if it ain't broke don't fix it" mentality. The book also challenges the member to always ask questions and challenge experienced members. If the experienced member has gained freedom from the fellowships, he or she will welcome the questions of newcomers. I loved the book; big thumbs up.

The Recovery Essays book explores topics all 12-step fellowship members are familiar with, whether we admit it or not. Such topics as "the newcomer obsession" encourages members new and experienced alike to look at their own practices concerning "anonymity", and entertain possible contradictory thoughts on it. "The Thirteenth Step", possibly the most raunchy and controversial topic in the Essays, is hands-down the most perfectly described synopsis to age old dogma and buffoonery. Take the 45 minutes and read this Book, however it might invoke hours of necessary thought and contemplation!

Thought provoking. Fresh perspectives and in depth analysis of common issues in recovery. These essays will help to open any recovering person's mind to broader interpretations of service, sponsorship, spirituality and the way we interact with each other.

We enjoyed reading this book. We found there were a lot of truths in the authors writings and inclusions in this book. As 2 recovering addicts (both with multiple years clean) we had never heard of the 13th Step and honestly still aren't sure about it, but it is a good read for anyone wanting to get slightly into the mind of an addict.

A thoughtful collection of essays that resonates me on many levels. This edition needs some editing work, the errors in spelling and grammar really distract me from what is being said. Some of the sentence structure could be tightened up as well, but the content is rock solid. I am enjoying reading the evolution of the author (s?) and can't wait to read more.

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